







The White Rose Federation Autumn Term Menu Week 2

– w/c 11.9.23, 2.10.23 & 23.10.23

Child's Name					
	 Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Margherita pizza with wedges	Chicken tikka masala with 50/50 rice	Roast chicken, with new potatoes & gravy	 Pasta bolognese	Crispy battered fish with chunky chips
Vegetarian Option		Quorn tikka masala with 50/50 rice	Quorn fillet new potatoes & gravy 	 Tomato and cheese pasta	
Jacket Potato or Sandwich Option	Jacket potato with cheese or beans or tuna (please circle one)	Cheese or tuna panini (please circle one)	Jacket potato with cheese or beans or tuna (please circle one)	Cheese or tuna panini (please circle one)	Jacket potato with cheese or beans or tuna (please circle one)
Accompaniments 	Seasonal vegetables or salad bar	Seasonal vegetables or salad bar	Seasonal vegetables or salad bar	Seasonal vegetables or salad bar	Seasonal vegetables or salad bar
Dessert OR	Shortbread biscuit	Rice pudding	Banana bread 	Fresh fruit and ice cream	Chocolate brownie
Fresh Fruit or Yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
Any dietary requirements					

Try something NEW today...
Variety is key to a healthy diet.

MENU





KEY

 5 A DAY

- 1 OF YOUR 5 A DAY

 MEAT FREE

- MEAT-FREE MONDAY



- CHEF'S CHOICE

 PB

- PLANT-BASED (VEGAN)