













Chapel Haddlesey C of E Primary School
Autumn/Spring Term 2023-24 Menu - Week 3
w/c 20.11.23, 11.12.23, 15.01.24, 05.02.24, 04.03.24

Child's Name					
Menu	Monday 	Tuesday	Wednesday	 Thursday	Friday
Main Dish	Macaroni cheese	Sausages meatballs with 50/50 rice	Chicken with roasted potatoes & gravy	BBQ chicken with baked potato wedges	Crispy battered fish & chunky chips
Vegetarian Option		Vegetarian meatballs with 50/50 rice	Quorn fillet with mashed potato & gravy	BBQ Quorn with baked potato wedges	Quorn™ nuggets with chunky chips
Jacket Potato Option	Jacket potato with cheese, beans or tuna (please circle 1 filling)		Jacket potato with cheese, beans or tuna (please circle 1 filling)	Jacket potato with cheese, beans or tuna (please circle 1 filling)	
Panini Option		Cheese or tuna panini (please circle 1 filling)			Cheese or tuna panini (please circle 1 filling)
Accompaniments	 Bread and seasonal vegetables or salad bar served daily to accompany every meal chosen 				
Dessert OR	Rice pudding	Jam & coconut sponge	Oaty peach crumble & custard	Apple cake	Oaty biscuit with fresh fruit
Fresh fruit or yoghurt	Fresh fruit or yoghurt (Please circle one)	Fresh fruit or yoghurt (Please circle one) 	Fresh fruit or yoghurt (Please circle one)	Fresh fruit or yoghurt (Please circle one)	Fresh fruit or yoghurt (Please circle one)
Any dietary requirements	 MENU you grow BIG and STRONG (like me!) 				

☐ Tick if you would like a paper copy of the menu sending home.

 **KEY**  - 1 OF YOUR 5 A DAY  - MEAT-FREE MONDAY  - CHEF'S CHOICE  - PLANT-BASED (VEGAN)