






# Chapel Haddlesey C of E Primary School

## Autumn/Spring Term Menu 2023-24 Week 1

w/c 06.11.23, 27.11.23, 18.12.23, 22.01.24, 19.02.24, 11.03.24

Child's Name					
	 Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	 Cheese and tomato pasta	Pork sausage with potato wedges	Roast chicken, with Yorkshire pudding, roast potatoes & gravy	Chicken Korma 50/50 rice	Fish fingers or salmon fingers with chunky chips
Vegetarian Option		Quorn sausage with roast potatoes	Quorn fillet, with Yorkshire pudding, roast potatoes & gravy	Quorn korma with 50/50 rice	Vegetable fingers with chunky chips
Jacket Potato Option	Jacket potato with cheese, beans or tuna (please circle 1 filling)		Jacket potato with cheese, beans or tuna (please circle 1 filling)	Jacket potato with cheese, beans or tuna (please circle 1 filling)	
Panini Option		Cheese or tuna panini (please circle 1 filling)			Cheese or tuna panini (please circle 1 filling)
Accompaniments	 Bread and Seasonal vegetables or salad bar served daily to accompany every meal chosen				
Dessert OR	Chocolate & pear sponge	Apple crumble & custard	Flapjack	Sticky toffee muffin	Chocolate & orange cookie
Fresh Fruit or Yoghurt	Fresh fruit or yoghurt (Please circle one) 	Fresh fruit or yoghurt (Please circle one) 	Fresh fruit or yoghurt (Please circle one)	Fresh fruit or yoghurt (Please circle one)	Fresh fruit or yoghurt (Please circle one)
Any dietary requirements					

☐ Tick if you would like a paper copy of the menu sending home.

Try something NEW today  
Variety is key to a healthy diet.

# MENU



## KEY

 5 A DAY

- 1 OF YOUR 5 A DAY

 MEAT FREE

- MEAT-FREE MONDAY

 CHEF'S CHOICE

- CHEF'S CHOICE

 PLANT-BASED

(VEGAN)