

Is the Cost of Living Crisis affecting you?

With food and energy prices rising, it can be a worrying time for many of us.

But we are here to help you. The foodbank can support you with:

- ✓ Providing emergency food
- ✓ Offering a listening ear over a cup of tea
- ✓ Support to find further help

Please call our help through hardship number 0808 208 2138 or come in and see us!

We are located at: The Methodist Church, Ropewalk, Knottingley, WF11 9AL

Tuesday and Friday 10am - 12noon









Telephone 0808 208 2138 knottingley.foodbank.org.uk

