			Term 2024 Menu Week 3 23 rd Sept, 14 th Oct		
Child's Name					
Menu	Monday	Tuesday	Wednesday	○ Thursday	Friday
Main Dish	Quorn nuggets with potato wedges	Chicken Korma with rice	Sausage, roast potatoes and Yorkshire pudding	Chicken burger with potato wedges	Fish fingers with chunky chips
Vegetarian Option		Quorn [™] korma with rice	Quorn [™] sausage, mashed potato & Yorkshi udding	Veggie burger with potato wedges	Quorn [™] nuggets with chunky chips
Jacket Potato Option	Jacket potato with cheese, beans or tuna (please circle 1 filling)		Jacket potato with cheese, beans or tuna (please circle 1 filling)	Jacket potato with cheese, beans or tuna (please circle 1 filling)	
Panini Option		Cheese or tuna mayo panini (please circle 1 filling)			Cheese or tuna mayo panini (please circle 1 filling)
Accompaniments	Bread plus seasonal vegetables or salad bar served daily to accompany every meal chosen				
Dessert OR	Chocolate orange muffin	Jam & coconut sponge cake with custard	Jelly & fruit	Chocolate cookie	Raspberry bun
Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
Any dietary requirements Fating all your fruit & veg will help you grow BIG and STRONG (like me!)					







